



professional

progressive

physiotherapy

146 Laurel Ave, Lismore, NSW 2480

Tel: 02 6621 8606

Fax: 02 6621 8075

reception@physioplus.info

www.physioplus.info

Medicare - Chronic Disease Management Plan (formally EPC)

Physio Plus Exercise Physiologists are registered with Medicare Australia. As such, patients referred by their GP for treatment under the Chronic Disease Management Plan (CDMP), will have access to the following rebate;

Medicare (CDMP) - rebates of \$52.95 for each consultation.

Patients may access a maximum of 5 consultations in any calendar year. Your GP will help determine how many consultations are suited to your team care arrangement (TCA). Additional services and rebates are available for patients diagnosed with Type 2 Diabetes (Type 2 Diabetes Group Services) and for Aboriginal and Torres Strait Islanders.

Your Physio Plus Exercise Physiologist will correspond with your GP following commencement and completion of your allocated sessions.

Department of Veterans Affairs (DVA)

Physio Plus offer both individual and group exercise services to eligible DVA patients. To access these services patients must be referred by a GP or Specialist, and be current holders of a DVA:

- Gold Card, or
- White Card (referral must request treatment for the specific condition for which the card was issued)

There are no out-of-pocket expenses for DVA patients.

Exercise Physiology services include:

- Initial needs assessment
- Design of personalised exercise programs
- Supervised individual or group exercise sessions
- Supervised individual or group pool based exercise sessions

Private Health Funds

Physio Plus Exercise Physiology services are recognised by all major Private Health Insurers however you are encouraged to check with your fund to clarify your eligibility for rebates.

You may be able to claim your health fund rebate at the time of payment via our HICAPS facility.



professional

progressive

physiotherapy

146 Laurel Ave, Lismore, NSW 2480

Tel: 02 6621 8606

Fax: 02 6621 8075

reception@physioplus.info

www.physioplus.info

Your private health insurance can enable you to access exercise physiology services for the following needs;

- Health through Motion: lose weight, get fit, and take charge of your health with a personalised exercise program tailored to your needs and current fitness level.
- Sports Injuries: fast track your return to sport with an injury & sport specific exercise rehabilitation program.
- Orthopedic conditions: bounce back following joint surgery with the help of an exercise rehabilitation program designed to suit the needs of your particular condition.
- Movement as Medicine: for those with a chronic disease or complex medical condition, Exercise Physiologists are the most suited health professional to prescribe exercise for your needs.